

NOBLE LEADER EDITORIAL

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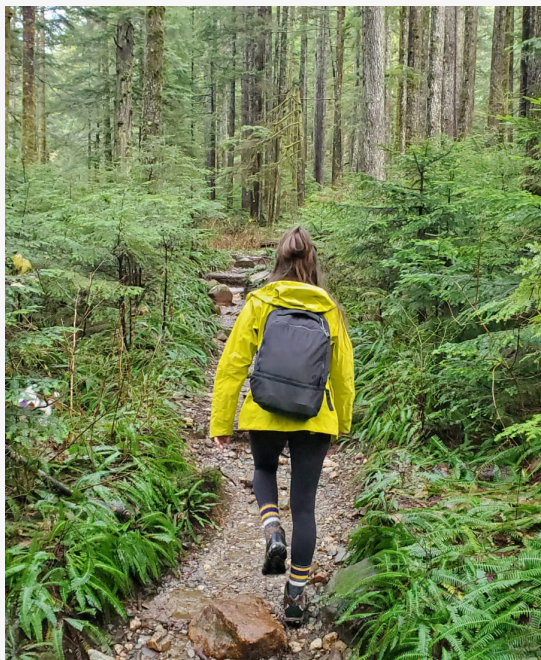
TELL US ABOUT YOURSELF AND YOUR EXPERIENCE IN A LEADERSHIP ROLE?

I work in an account management role supporting clients with their organizational learning and development needs. Prior to my role in the professional development world, I wore a number of different hats as a national business accelerator including recruiting, training, process development, operations, business development and stakeholder management. Almost all of my roles have involved managing a team of staff and helping to enhance processes and efficiencies.

In my non-working hours, I spend lots of time exploring our beautiful province, British Columbia, with our very active puppy, Mila.

**WAS THERE A TIME THAT A LEADER DID SOMETHING “NOBLE” TO SUPPORT YOU? IF SO, WHAT WAS IT AND HOW DID IT IMPACT YOU?**

Some of my “worst” leaders taught me the most about noble leadership, albeit unintentionally. When starting my career I experienced a lot of frustration about leadership, or what I perceived as a lack of leadership. I spent a great deal of time complaining, venting, and feeling very angry – I really didn’t like the path I was going down. Fortunately, I have a few very good mentors in my life who, over time, helped me realize what I was learning from these situations. Taking on this new “What can I get out of this” mindset helped me to understand that there was only so much within my control and I was able to drill down what it was about these leaders that wasn’t sitting well with me. This reflection allowed me to understand the leader I wanted to be, the skills I needed to develop, what I should look for in my next leader and most importantly taught me to be intentional in my leadership.



IF YOU COULD GIVE A LEADER A TOOL OR STRATEGY THAT'S HELPED YOU ALONG THE WAY, WHAT WOULD IT BE?

Take care of yourself. Over the past few years, I have developed a list of resources that I try to draw on each day. For me, this includes things like: taking intentional breaks, getting outside, reading, exercising, and recently, a daily meditation practice. What I used to view as something I didn't have time for has helped me approach my work in a more focused, energized and, most importantly, happy manner.



WHAT DO YOU THINK MAKES A "NOBLE LEADER"?

A Noble Leader is someone who strives for continuous improvement in all areas – their business, their people and themselves. A Noble Leader prioritizes people, understanding that when employees feel supported a team can make it through unimaginable challenges. They are lifelong learners who are confident in being assertive when needed but comfortable admitting they don't have all the answers or that they were wrong. I believe that Noble Leadership is less about technical or "hard skills" and more about flexibility and authenticity which leaves room for growth across the board.



WHERE CAN READERS FIND YOU?

I love meeting new people. You can find me on LinkedIn and Instagram, I'd love to hear from you!

LinkedIn: [linkedin.com/in/jessica-taylor-8370a049](https://www.linkedin.com/in/jessica-taylor-8370a049)

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