

Dear [Participant]:

Thank you for attending this session. We hope the tools and strategies will support you throughout your journey.

Feedback about your experience is important to us – and will help us support others who participate in Mindful Campuses. Please take a few minutes to share your comments and ideas in the [attached/linked] survey.

If you prefer, please contact: [Fill in organizer information below including name, email address, and phone number]

Thank you!

Best,

[Organizer]

[Add school logo]